

Through churches partnering with CAP, these face-to-face encounters have meant that:

- 316 people responded to Jesus for the first time or recommitted to following Jesus
- 638 households received emergency aid such as food shops and fuel vouchers when they desperately needed essentials
- 2,436 people became debt free
- 60 church leaders and volunteers have been equipped through the Church and Community Transformation initiative
- 1,036 money coaching workshops were delivered
- 123 job clubs and 146 life skills groups were run to help people better manage their finances, find work and live well even with a low income

Read John 13:1–17

1. What stands out to you about Jesus washing the disciples' feet, especially knowing who He was and what was about to happen to Him?
2. Jesus asks, "Do you understand what I have done for you?" (v.12). What do you think the disciples misunderstood at first—and what do we often misunderstand about humility and leadership today?
3. Think about a gospel story where Jesus meets someone personally (e.g. the woman at the well, Zacchaeus, Bartimaeus). What common patterns do you see in how Jesus treats people?

4. Read John 5:2–8 – Jesus asks, "Do you want to get well?" Why might that feel like a surprising or even uncomfortable question?
5. The man at the pool had been ill for 38 years and was socially isolated. What kinds of "hidden" poverty or isolation do people experience today that may not be immediately visible?
6. Read Mark 7:24–30 – What barriers (cultural, religious, social, gender-based) were present in this encounter, and how does Jesus respond to them?
7. The woman says, "Even the dogs under the table eat the children's crumbs." What does her response show about faith, persistence, and humility?
8. These encounters show Jesus meeting people where they are. What does that teach us about how transformation usually begins? How can we be more personal?
9. We hear stories of how practical help, emotional support, and spiritual care came together. Why do you think all three are important when walking alongside people in crisis?
10. "There is nothing that poverty steals that God cannot restore." Where have you seen restoration—big or small—in your own life or the lives of others?
11. Jesus tells his followers to do as he has done. What might it look like for our group or church to live out "the Jesus way" in practical, face-to-face service?

Prayer Points

Please pray for those who are in need within our area, who are connected with the church. Pray for our volunteers who walk alongside and serve others in the community.

Pray for the work of CAP nationally and in Bexhill. Pray for Guy and the team as they serve others and help people out of challenging situations.

Praise God for our vision to plant 30,000 house churches globally this year. Pray that God would enable BMS partners across the world to send and support 60,000 church planters to accomplish this for God's glory.



BIBLE STUDY

January 11th 2026

CAP Sunday

Poverty steals hope and dignity from those who are most vulnerable every day, but it does not have the final word because God is working through his Church to bring transformation. This transformation, like those encounters with Jesus, comes in the form of a face-to-face encounter. CAP partners with churches who are inspired by the example of Jesus to serve those in our society through the provision of: expert financial advice; emotional, practical and spiritual support for as long as it takes; and an invitation to the warmth and love of a church community.

If you would like to join a Connect Group, please contact the church office 01424 730001